

A BRIGHTER
Future!

**2021 Annual
Impact Report**



Message from our Board of Directors and CEO

With your continued support, 2021 marked another year of exponential growth here at the International Development and Relief Foundation.

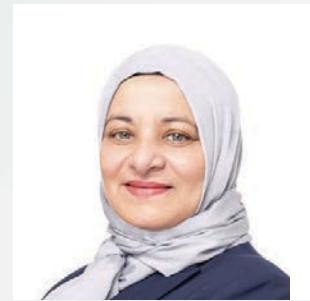
Through the help of our donors and partners, we were able to support 1,141,594 people worldwide through 108 projects in 27 countries with a focus on education, clean water and sanitation, food security, healthcare services, and economic development. We continue to strive to address the UN sustainable development goals through our programming.

This year, we also continued our focus on improving access to quality education and increased well-being to ensure the development of independent, self-reliant, and equitable communities internationally and domestically. We expanded our clean water and sanitation services to promote sustainable solutions such as solar water wells to foster healthy communities. We addressed food and nutrition security concerns by procuring food vouchers, food packages, and increased nutrition education for families. Our health care services were ramped up to meet Covid-19 specific needs, such as the supply of essential respiratory machines. Long-term community growth and capacity building were addressed through business and job training support.

The pillars of our programming are sustainability, localization, and focusing on the needs of women and girls through gender-sensitive initiatives. We ensure environmentally friendly practices by holding our field teams accountable and working through a framework that is not only cost-efficient but also sustainable. We utilize local partners to leverage their capacities, employ contextual knowledge, and ensure diversity and equity in program design and implementation.

With your help, we look forward to serving more people in the future and amplifying our impact here at IDRF. We thank you for always assisting the most vulnerable in these dire times.

Thank you for the critical role you play in enabling us to deliver these vital programs.



Yasmeena Mohamed
CO-CHAIR



Reza Rizvi
CO-CHAIR



Mahmood Qasim
CEO

Muhammad Munshi, **Vice Chair**
Marzia Habib Hassan, **Vice Chair**
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Nurhan Aycan, **General Secretary**
Zeib Jeeva, **Past Chair**

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Muzna Ahmad, **Board Member**
Fatima Laher, **Board Member**
Jawaid Mirza, **Board Member**
Seema Rizvi, **YPC Liaison**

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Every year, our IDRf team implements projects across several continents to support people most in need during times of crisis while also helping them build towards a more sustainable future.

This year, our Annual Report has 'A Brighter Future' section which will highlight key targeted interventions, by sector, that IDRf will implement over the years to come. This way, our supporters see how we plan to build on our current impact and understand our direction as we collectively move forward. Our mission is to ensure that we improve the effectiveness of our programs every year to better support those most in need.

Our global programs focus on addressing today's challenges while also investing in communities to thrive tomorrow. Together, we can build a brighter future that is more equitable and inclusive for everyone.



Together, we're establishing sustainable solutions that empower people and create brighter futures for generations to come. We are **people helping people.**



108
projects
worldwide

27
active
countries

Our Impact


313,754
people received health
care services


437,172
people received food
assistance through food
parcels and vouchers.


350,974
received clean water,
hygiene and sanitation
services.


37,157
people received
educational support


2,537
people received support
to start businesses and
receive training


1,141,594
total people received
support



Legend

- | | | | | | | | |
|--|----------------------|--|-----------|--|--------|--|----------------|
| | Economic Development | | Emergency | | Health | | Active Project |
| | Education | | Food | | Water | | Past Project |

Our Guiding Values



Human Dignity

The foundation of all humanitarian work is human dignity. Each and every person inherently deserves respect and has value. Our work at IDRF emphasizes this dignity and appreciates every person we work with and serve. IDRF's humanitarian work does not stop at providing aid – it goes further by working to provide each person with a dignified life.



Self-Reliance

Self-reliance in a humanitarian context means helping people maintain their ability to meet their essential needs independently. IDRF's ultimate goal is to provide sustainable development solutions for future generations to achieve a better quality of life.



Social Justice

At the very heart of human rights and social justice is the belief that people need to have autonomy over their lives. Everyone deserves to be treated with respect, dignity, and fairness. Social injustice is a root cause for many systemic issues that perpetuate cycles of suffering, poverty, and a lack of opportunity. Sustainable solutions must keep social justice in mind so that development can lead to opportunities for everyone.





Our Approach



Sustainability

Sustainable Development meets the needs of the present without compromising the ability of future generations to meet their own needs. It is the use of resources in a way that allows them to exist for others to also use into the future. At IDRF, our projects all have the same goal - creating sustainable environments for growth and opportunity that lasts for generations.



Localized Partnership Model

Globally, we work with local partners to develop long-term sustainable solutions and provide humanitarian programs during times of emergency crises.

Our Partnership Approach:

1. We view local knowledge and experience as a strength, so we support and amplify local capacity rather than identifying weaknesses in our partner and program approach.
2. We eliminate traditional biases by incorporating diversity, equity, and inclusion with our partners and those we hire.
3. We engage local partners in all aspects of program design and implementation.



Gender-Sensitive Programming

Our projects prioritize the safety and security of women and girls. Women are actively involved in the decision-making processes of our projects. For example, women participate in deciding the location of latrines, hygiene facilities, food distributions and economic development programs.



Child receiving treatment in a Pakistani hospital

Better Health, Better Futures

Health is an essential need in creating sustainable communities working towards a brighter future.

At the forefront of sustainable development is health – ensuring and promoting healthy well-being for everyone at every age. IDRF's health programs provide families with access to quality health care services. Our programs also provide medical professionals with training to promote the well-being of both patients and healthcare personnel.

Health care services include:



Medical services



Medical training



COVID19 Medical Relief

This year, **313,754 people** received health care services through IDRF programs.

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Over the coming years, we will continue to enhance our healthcare programs by:

- ◆ Locally train and recruit healthcare professionals in all of our programming regions.
- ◆ Promote the importance of reproductive health rights for women and girls.
- ◆ Build the capacity of our local teams in risk assessment while also investing in medical equipment and supplies.

India

By late May, some 27 million people were infected and over 300,000 had died from COVID-19. The crisis resulted in shortages of oxygen, ventilation equipment, and medication.



13

hospitals supplied with COVID-19 equipment



14,950

COVID-19 patients treated

In response, IDRF supported 13 hospitals by providing dozens of ventilators, oxygen concentrators, and essential respiratory machines (BiPAP), serving 14,950 COVID-19 patients. IDRF also supported UNICEF's vaccine program.

Yemen

Nearly 18 million people require medical assistance in Yemen. Our program trains nurses to be specialized Respiratory therapists certified by Yemen's Ministry of Health.

We trained 33 nurses, thereby increasing the number of nurses in Yemen by 300%. Given the success of this program we are aiming to train another 90 nurses in the year ahead.

Turkey

Our health project in Turkey provides Syrian refugees with sexual and reproductive health training. We also work with local partners to help increase the knowledge of new parents in newborn care.

Over the course of a year, we provided food and hygiene materials to 900 Syrian Refugee families. Additionally 550 people were supported with health-related educational workshops and training sessions.



900

Syrian refugee families received food and hygiene packages



550

people supported with health training

“Now we know there is someone who cares about us and our problems, and tries to support us.”

Abdul Saleh
Yemen



“After taking this course,
I do not feel helpless
anymore. I can help my
patients, friends, and family
members.”

Aisha Saleh Abdullah BaDahya
Yemen





Providing better health and better futures

Aisha Saleh Abdullah BaDahya is a 25 year old nurse working in the ICU of a hospital dedicated to tackling COVID-19 cases in Mukalla, Yemen.

As a nurse, Aisha had grown frustrated and felt helpless in the face of a medical crisis that swept across Yemen due to the pandemic.

Aisha states, "I faced several challenges before starting this training. I was constantly frustrated working at the hospital, dealing every day with patients that I cannot help".

IDRF's Respiratory Therapy Training for Nurses aimed to address the critical lack of capacity and shortages by training thirty-three nurse/health practitioners in respiratory therapy training (RT).



13
Females
Graduates



20
Males
Graduates



All program graduates are certified by Yemen's Ministry of Health and are recruited as Certified Respiratory Therapists by local health institutions and clinics around Yemen.



Syrian children at Igdeh Camp.

Combatting Food Insecurity

We provide families in vulnerable regions with essential food packages and cash vouchers to meet their nutritional needs.

Along with food assistance, we educate families on nutrition for healthier and sustainable food practices. Among those supported by our food programs are the elderly, people with illnesses or disabilities, pregnant and nursing women, and female or child-led households.

Each food package contains:



Culturally appropriate staple foods.

This year, **437,172 people** received food assistance through IDRDF's food security programs.

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Over the coming years we will enhance our food security programs to:

- ◆ Provide food parcels with locally procured food items.
- ◆ Provide skills training for farmers to diversify food crops and develop sustainable practices.
- ◆ Provide vulnerable Canadians with access to food assistance in both rural and urban regions.

Yemen

Across Yemen, it is estimated that two-thirds of the population (20 million) are food insecure, exacerbated by the COVID-19 pandemic, political conflict, and economic instability.



44,660
internally displaced
people supported

This year, IDRF supported 44,660 internally displaced people with enough food to last them one month.

Syria

As the Syrian crisis reaches the ten-year mark, the humanitarian situation remains dire. Millions have been displaced from their homes, while those who remain, struggle to access sufficient food to sustain their lives. Conflict, mass internal displacement and forced migration under economic collapse exacerbate hunger. IDRF's food project helped thousands of families, supporting 14,732 Syrians this year.



14,732
people provided with
food parcels

Somalia

Across Somalia, drought and conflict has displaced millions of people. It is estimated that by the end of 2021, 3.5 million people will have faced a high level of food insecurity, with malnourishment affecting 1.2 million children under the age of five.

In response, we provided food packages to 28,690 people affected by conflict and drought.



28,690
people provided with
food parcels

“I'm really grateful for the food IDRF has given us. This will help us in the coming days. Now, my family will have food to eat. We will not have to worry anymore.”

Idman Mohamed Mohamud
Yemen





An IDRF water well used by beneficiaries in Yemen.

Water for Life

Water is essential. Yet, water sources in the most vulnerable communities are usually unsafe, unhealthy, and often very far away.

Women and girls often spend a large portion of their day carrying water to and from their homes. Providing safe, easily accessible water reduces disease and improves public health, opens up opportunity for females, and is vital for agriculture and livestock.

Our Water, Sanitation, and Hygiene (WASH) programs provide:



Safe drinking water



Sanitation facilities



Hygiene education

This year, we provided **350,974 people** with access to clean water hygiene-related services.



Over the coming years our WASH programs will:

- ◆ Build and rehabilitate water infrastructure to improve clean water access in regions facing water scarcity.
- ◆ Distribute locally sourced and environmentally conscious hygiene and sanitation products.
- ◆ Create quality WASH education workshops and seminars to promote best practices to combat diseases and infection.

Yemen

In Yemen, an estimated 20 million people need water, sanitation, and hygiene resources. Households are affected by preventable waterborne diseases. COVID-19's arrival further limited people's access to clean water.



55

water wells built



132,000+

people now have access to clean water



20

water wells built



23,000

people now have access to clean water

To address water shortages we have built 55 water wells across several regions in Yemen. Over 132,000 people now have access to safe and clean drinking water.

Niger

Approximately 44% of the population in Niger has no access to a source of clean drinking water. Through our water wells program, IDRF has built and rehabilitated 20 water wells across 20 villages and now over 23,000 people now have access to a source of clean drinking water.



28

schools now have access to clean water



53,844

Palestinian children received clean drinking water

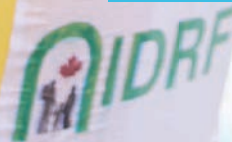
Palestine

In Gaza, widespread water shortages and acute needs for hygiene and sanitation facilities affect approximately 1.9 million people.

Through IDRF's Water Trucking Program, 28 schools across Gaza were provided access to clean drinking water. During the height of the COVID-19 pandemic and the conflict in Gaza in May 2021, our team delivered clean drinking water to 53,844 Palestinians to their homes.

“One drop of water equals a thousand lives for us.”

Hussain Saeed, Gaza



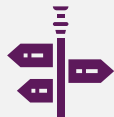


Palestinian women undergoing culinary training.

Training for their Future

The men, women, and youth impacted by our Economic Development programs gain valuable transferable skills that allow for self-reliance, long-term employment, and a path from poverty to prosperity.

Our Economic Development programs provide participants with the following:



Mentorship, guidance, and support



Employable skills training

This year **2,537 people** received training and support to start businesses and pursue economic opportunities.

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Future!

Over the coming years, IDRF's economic development programs will:

- ◆ Implement more economic development and social service programs in Canada and abroad.
- ◆ Expand IDRF's livestock support programs for farmers and pastoralists.
- ◆ Continue to invest in gender inclusive skills training to increase employment.

Canada

Women Learning to Code & Take Leadership

In its fourth year, IDRF's 'Women Learning to Code & Take Leadership' project provides scholarships for women to learn coding and build websites and apps. By training women who may not otherwise have access or opportunity, this program reduces gender and diversity gaps in the technology industry.



100%
employment rate working as
Full Stack Developers

Graduates leave with a 100% employment rate working as Full Stack Developers. Alumni then return to teach and mentor current students as role models and leaders in their new fields.

Get Job Ready

With a rapidly evolving economy, Canadian youth continue to face challenges in finding employment. Our Get Job Ready program trains youth ages 19-29 to successfully navigate the Canadian job market by strengthening their soft skills.

60%
of participants
secured their first
job interview

52%
of participants
found jobs

This year IDRF has trained another 650 youth, with 60% of participants securing their first job interview, and 52% of participants finding jobs.

Palestine

Technical and Vocational Skills Training for Women

Ongoing sanctions and economic restrictions in Palestine severely limit economic growth, and therefore employment opportunities. In an effort to supplement family incomes and generate wider economic access, we provide training programs for women to develop skills in business management, food preparation, sewing, and creating hygiene products. 150 women have started their own businesses and are earning an income to support their families.



150
women started their
own businesses

Farmer's Livelihood Project

Palestine's agricultural sector faces continued losses of land and water sources, with fruit production, crops, and livestock pasture under heavy stress. IDRF has committed to a long-term sustainability project that has already rehabilitated 38 acres of land. By restoring land productivity, providing training and equipment, farmers have greater income, more self-reliance, and can better contribute to community food needs and the local economy.



“ I cannot describe my happiness and relief when I was accepted by this project. This project gave my family hope and some security. I felt so supported by IDRF. This agriculture season was very successful. Thank you IDRF for supporting this project, you gave us a very good and positive push forward. ”

Mona Abu Eissa, Gaza





Training for her Future

Mona is a 52-year-old farmer. Her husband suffers from chronic illness that prevents him from working.

She has six children and two of her children have disabilities. Mona had two acres of agricultural land that she used to grow and sell crops from to earn an income for her family's needs.

Due to the ongoing siege on Gaza her land was destroyed and Mona lost her only source of income. They became dependent on humanitarian aid for her children's medical needs, and Mona occasionally worked as an agriculture worker for other farmers, earning minimal amounts.

How the farmer's livelihood program has helped Mona

Mona's land was rehabilitated.



Her crops all grew successfully



She was provided radish, potato, and parsley seedlings.



The income she earns helps to cover her family's essential needs.





An L2L elementary student having an online peer tutoring session during the pandemic.

Education is the Answer

Education is the key to independence, self-reliance, and most importantly, eradicating poverty. IDRF's education programs provide children with access to basic, quality education.

The skills and knowledge gained through these programs help make students employable, improve their well-being and help families end cycles of poverty.

Our
education
programs
provide:



mental
health
services



education
for special
needs



quality
education

This year, **37,157 children** received educational support through IDRF.

A BRIGHTER
Future!

Over the coming years,
IDRF's education
programs will:

- ◆ Launch and implement education programs in emergency contexts in the Middle East, Africa, and South Asia.
- ◆ Invest in addressing indirect stressors that limit access to education.
- ◆ Better train educational staff and invest in infrastructural improvement of schools for safer and better learning environments.

Palestine

In Gaza, due to the stress of ongoing conflict, children's access to safe, quality education is never easy. As a commitment to their well-being, we are building an education centre in Gaza. It will merge traditional and Montessori teaching methods. The centre will promote education for young children in the community, along with much-needed psychosocial support, arts, digital literacy and fresh daily meals.

Pakistan

In Pakistan, IDRF supports a school providing 129 deaf children with educational support, and 39 teachers with specialized training.

The learning environment of these students is enhanced by vocational skills training and capacity building for their families.



129

deaf students supported with educational opportunities



39

teachers supported with specialized training

Canada

Licensed to Learn

Licensed to Learn (L2L) is a peer-tutoring and mentorship program that supports thousands of youth across Canada in schools and community agencies. Highly motivated students are trained to tutor and mentor their peers during one-on-one sessions.



2,810

L2L students supported

Now in the GTA, Calgary and Vancouver, L2L has a reputation for its excellent training, tutoring, and mentorship. During the COVID-19 pandemic, the program swiftly shifted online to ensure students could still access the academic and personal support they needed. This year L2L supported 2,810 students nationwide.



I get to participate in everything I like, from art and drama to sports and science clubs. I love this school and never want to leave – I hope it becomes a university by the time I finish high school!



Rabiya,
Student in Pakistan



Thank you to our supporters & volunteers

The International Development and Relief Foundation extends its deepest gratitude to our donors and volunteers whose commitment helps us provide meaningful support and opportunity for people whose lives have been disrupted by crises and conflict.

Our donors fund all of our programs, providing life-altering opportunities to change lives. Your support allows our local teams help those in unstable and deteriorating conditions save, rebuild, and improve their lives.

For over 35 years it has been our volunteers that have helped us every step of the way, making it possible for us to serve and change people's lives. We are so grateful to our volunteers in Vancouver, Calgary, Toronto, Ottawa, Montreal and Quebec City, for playing such a crucial role in our humanitarian work. Thank you for working to not only make an impact today but

for a brighter future!

WAYS TO GET
Involved!



Volunteer with us

Visit idrf.ca to join our **people helping people** team.



Donate

Each donation helps in our mission to help people across the world.



Fundraise with us

Fundraise with friends and family in memory or fundraise in celebration!

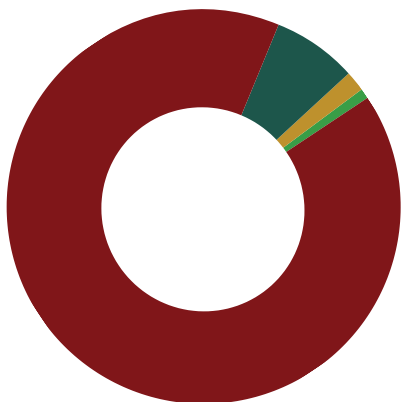
We would not be able to do it without you!



Driven by our Mission. Inspired for the future.

It takes a team of dedicated collaborators, working toward a meaningful goal, to effect change. We are grateful for the ongoing generosity of our donors, and the support of gift-in-kind partners for their commitment to the world's most vulnerable.

Expenditures



90.6%

programs

7.0% fundraising **1.7%** admin **0.7%** other

See full report:
idrf.ca/annualreport

Statement of Operations

REVENUE	2021	2020
Donations and fundraising events	13,038,537	10,148,121
Donations in kind	1,441,207	1,098,345
Other income	37,334	41,605
Total Revenue	14,517,078	11,288,071

EXPENSES - PROGRAM SERVICES

International Projects	11,249,266	6,357,925
Food Security	5,029,023	2,347,860
Emergency Relief	3,449,924	1,785,669
Health	1,798,175	600,390
Education	585,920	587,073
Water, Sanitation & Hygiene (WASH)	1,798,175	600,390
Economic Development	169,305	300,811
Canadian Projects	976,147	3,268,811
Education	335,661	465,169
Emergency Relief	295,955	375,362
Food Security	221,161	164,961
Health	123,370	2,263,319
Educational Development	74,213	83,430
Total Expenses	12,299,626	9,710,166

SUPPORTING SERVICES

Amortization	93,909	92,713
Fundraising	950,336	815,677
General and Administrative	235,195	262,237
Total Supporting Services	1,279,440	1,170,627
TOTAL	13,579,066	10,880,793

Excess of revenue over expenses	938,012	407,278
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Thank you

to everyone that contributed
over the past year.



Human Dignity • Social Justice •
Self-Reliance • Sustainability

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Relief Foundation**

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Palestine

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150
women started their
own businesses

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