



# Ramadan Planner

May this Ramadan be the best one yet





**Intention forms the basis of every action and its acceptance. A strong intention elevates your deeds and multiple intentions increase the reward.**

So let's start by setting some intentions.





This Ramadan, I will promise to get closer to Allah (SWT). I will strive to complete my fasts this month and increase in worship through prayer, charity, recitation, dua and dhikr in order to:

- Seek your pleasure.
- Fulfill the command of Allah (SWT) and a pillar of my faith.
- Increase in God-consciousness (taqwa).
- Increase my self control.
- Increase in gratitude for all that I have and enjoy.
- Work on aligning my life with the commandments of Allah (SWT).
- Set a good example for my family.
- Work towards living a healthy life.
- Increase in my compassion towards others.

• Write your own...

---

•

---

•

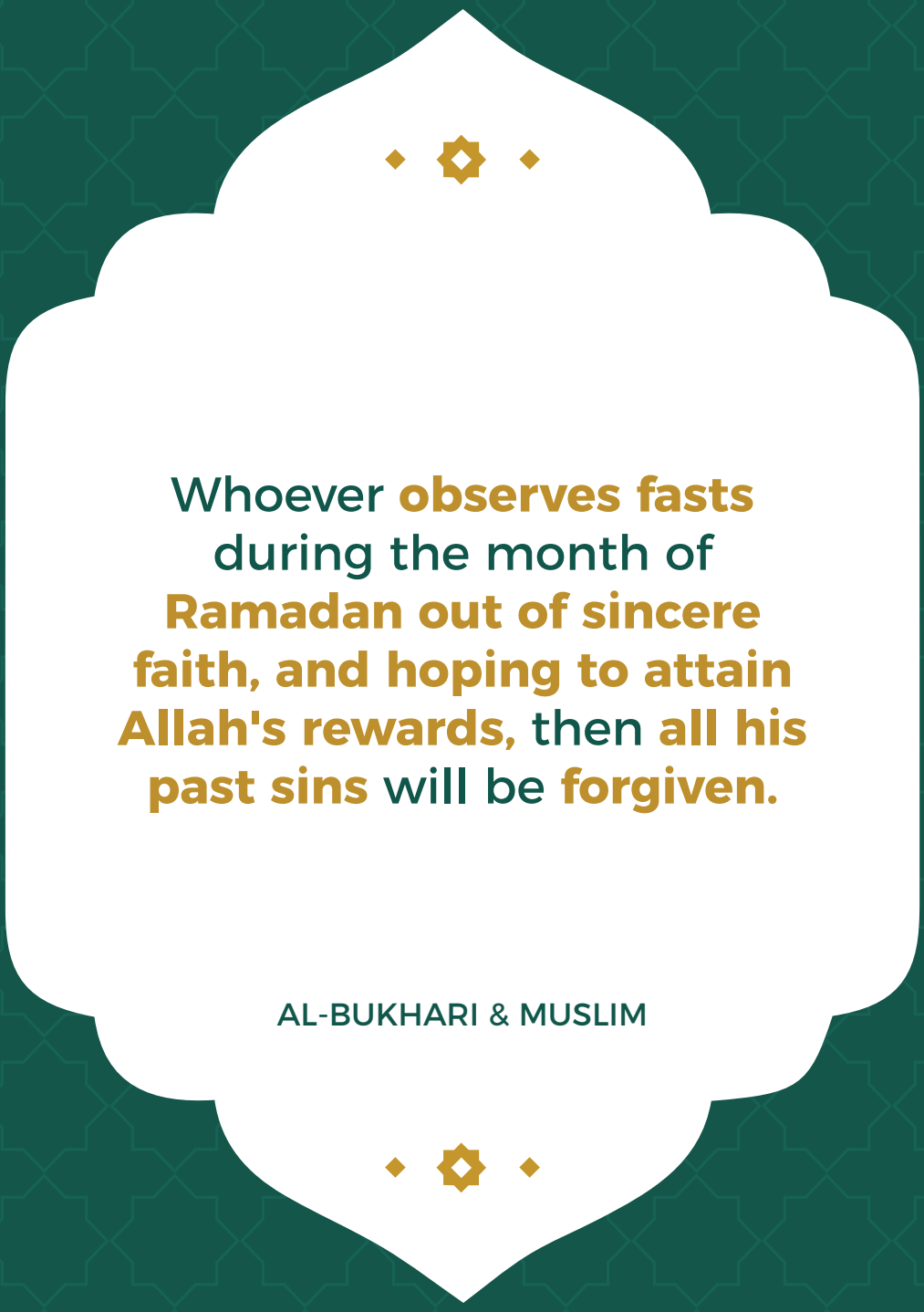
---

SIGN

---

DATE

---

A large, white, stylized calligraphic shape resembling a mosque dome or a decorative frame, centered on a dark green background with a repeating geometric pattern. At the top and bottom of this shape are decorative elements consisting of a central gold star-like symbol flanked by two gold diamonds.

Whoever **observes fasts**  
during the month of  
**Ramadan out of sincere**  
**faith, and hoping to attain**  
**Allah's rewards, then all his**  
**past sins will be forgiven.**

AL-BUKHARI & MUSLIM

# Pre-Ramadan Checklist



- ✿ Ask Allah (swt) to allow you to reach Ramadan “Allahumma balighna Ramadan”.
- ✿ Treat this Ramadan like it is your last.
- ✿ Complete any previously missed fasts.
- ✿ Practice fasting with sunnah fasts (Mondays and Thursdays or anytime during Shabaan).
- ✿ Reconnect with the Quran and increasing your recitation.
- ✿ Set up a comfortable and inviting “Ibadah Corner”.
- ✿ Set aside money for daily charity during Ramadan.
- ✿ Prepare your dua list.
- ✿ Identify some habits you would like to work on.
- ✿ Plan out your daily ibadah routine/schedule.
- ✿ Set goals for Ramadan in terms of charity, recitation, prayers, etc.
- ✿ Complete your Eid shopping before Ramadan so you can focus on worship.
- ✿ Decrease your consumption of media (social media, movies, etc).
- ✿ Do some meal prep and set daily menus.
- ✿ Renew your intentions.

## Daily Duas



ذَهَبَ الظَّمَاُ وَابْتَلَّتِ العُرُوقُ وَثَبَتَ الأَجْرُ إِن شَاءَ الله

The thirst has gone and the veins are quenched, and reward is confirmed, if Allah wills.



أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللهُ نَسْتَغْفِرُ اللهَ نَسْأَلُكَ الْجَنَّةَ وَنَعُوذُ بِكَ مِنَ النَّارِ

I testify that there is nothing worthy of worship other than Allah and we seek the forgiveness of Allah. We ask You for Paradise and take refuge in You from the Fire.



اللَّهُمَّ إِنَّكَ عَفُوٌّ مُحِبُّ العَفْوِ فَاعْفُ عَنِّي

O Allah, You are The Pardoner, and You love to pardon, so pardon me.



اللهم إِنِّي أَسْأَلُكَ العَفْوَ وَالْعَافِيَةَ وَالْمُعَافَاةَ الدَّائِمَةَ فِي الدِّينِ وَالدُّنْيَا وَالأُخْرَةِ

O God, I ask You for pardoning, good health, and constant well-being in my religion, worldly affairs, and afterlife.



لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

There is no deity but You. Glory be to You! Verily, I have been among the wrongdoers. (21:87)



يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ

O Living, O Sustaining, in Your Mercy I seek relief!



لِلَّهِمَّ إِنِّي أَسْأَلُكَ بِرَحْمَتِكَ الَّتِي وَسِعَتْ كُلَّ شَيْءٍ أَنْ تَغْفِرَ لِي

O Allah, I ask You by Your mercy which envelopes all things, that You forgive me.

# Daily Duas



رَبَّنَا ءَاتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Our Lord! Grant us good in this world and good in the hereafter, and save us from the chastisement of the fire.



اللَّهُمَّ إِنِّي أَسْأَلُكَ الْجَنَّةَ وَأَعُوذُ بِكَ مِنَ النَّارِ

O Allah, I ask You for Paradise and seek Your protection from the Fire.



رَبِّ ابْنِ لِي عِنْدَكَ بَيْتًا فِي الْجَنَّةِ

My Lord! Build for me a home with You in Paradise.



رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ

Our Lord! Let not our hearts deviate (from the truth) after You have guided us, and grant us mercy from You. Truly, You are the Bestower.



اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ

O Allah, I ask You for forgiveness and well-being in this world and in the Hereafter.



رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

Our Lord! Accept from us: For Thou art the All-Hearing, the All-knowing.



رَبَّنَا وَتَقَبَّلْ دُعَاءَ

Our Lord, and accept my supplication.

# 3 Powerful Habits

*What do you want to accomplish  
this Ramadan?*



## HABIT #1

### Pray the Sunnah Fajr

Two raka'at before the two Fardh of Fajr have unimaginable benefits for this world and the next.

**The Prophet ﷺ said, "The two raka'at before the dawn (fajr) prayer are dearer to me than the entire world." - Muslim**

How will you achieve this?

## HABIT #2

### Read Quran Daily

Try to spend at least a few minutes reciting the Quran everyday. Recite at least 1 ayah with translation. Think about what Allah (SWT) is telling you and reflect.

**Ibn Taymiyah said, "Whoever contemplates the Qur'an seeking guidance from it, the path of truth will be made clear for him."**

How will you achieve this?

## HABIT #3

### Daily Dhikr and Dua

Every day, set aside some time to make dua. Break this up into prophetic duas and dhikr as well as personal duas. Use this time to really connect with Allah (SWT).

How will you achieve this?



# This Ramadan's goals

*What do you want to accomplish  
this Ramadan?*






Focus

Goals for your last 10 days

How will you achieve these goals?

# Ramadan Monthly Planner

|   |    |                              |   |
|---|----|------------------------------|---|
| 1<br><br>Welcome<br>Ramadan! | 2  | 3                            | 4   |
| 9   | 10 | 11                           | 12  |
| 17  | 18 | 19                           | 20<br><br><b>The best<br/>10 days</b><br><br>Start of<br>Last 10 Days |
| 25<br><br>Night of<br>Decree  | 26 | 27<br><br>Night of<br>Decree | 28  |

|                                  |   |                                  |           |
|----------------------------------|---|----------------------------------|-----------|
| 5                                | 6   | 7                                | 8         |
| 13                               | <p>14</p> <p><b>You got this!</b></p> <p>Halfway Ramadan!</p>   | 15                               | 16        |
| <p>21</p> <p>Night of Decree</p> | <p>22</p>   | <p>23</p> <p>Night of Decree</p> | <p>24</p> |
| <p>29</p> <p>Night of Decree</p> | <p>30</p>  <p><b>Eid Mubarak</b></p>  |                                  |           |

A large, white, stylized calligraphic shape resembling a mosque dome or a decorative frame, centered on a dark green background with a repeating geometric pattern. The shape has a pointed top and bottom, with rounded sides. Inside the shape, there are two sets of decorative elements: a central gold-colored star-like symbol flanked by two small gold diamonds, one near the top and one near the bottom.

When the month of **Ramadan** starts, the **gates of the heaven are opened** and **the gates of Hell are closed** and the **devils are chained**.

SAHIH BUKHARI



# Goals for Your First 10 Days

*What do you want to accomplish the  
first 10 Days of Ramadan?*



Goals for your first 10 days

How will you achieve these goals?

# 01 Ramadan

DATE



## Deed of the Day

Purify your intentions to perform your fast and good deeds for the sake of Allah (SWT).

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*Whoever seeks forgiveness for every male and female believer, Allah will record a good deed for him for every male and female believer.*

**Tabarani**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

|                      |       |
|----------------------|-------|
| <input type="text"/> | Verse |
| <input type="text"/> | Surah |
| <input type="text"/> | Juzz  |

Today, I am thankful for...

# 02 Ramadan

DATE

DID I FAST?

## Deed of the Day

Share a beneficial Islamic video, document, quote or image to inspire others and tag @idrfcanda

FAJR

DHUHR

ASR

MAGHRIB

ISHA

TARAWEEH

*The most beloved people to Allah are those who are most beneficial to the people.*

**Ahmad**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 03 Ramadan

DATE



## Deed of the Day

Perform Fajr and Isha' prayers  
in congregation.

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*He who observed the 'Isha' prayer in congregation, it was as if he prayed up to midnight, and he who prayed the morning prayer in congregation, it was as if he prayed the whole night.*

**Muslim**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...



# 04 Ramadan

DATE

DID I FAST?

## Deed of the Day

Reflect on everything you have been blessed with and thank Allah for the blessings.

FAJR

DHUHR

ASR

MAGHRIB

ISHA

TARAWEEH

*And (remember) when your Lord proclaimed, "If you are grateful, I will surely increase you (in favor), but if you deny, indeed, My punishment is severe."*

**Surah Ibrahim 14 : 7**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 05 Ramadan

DATE



## Deed of the Day

Recite 100 x **أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ**  
I seek forgiveness from Allah and  
repent towards Him.

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*This world is a prison for the  
believer and a paradise for the  
disbeliever.*

**Sunan Ibn Majah**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 06 Ramadan

DATE

DID I FAST?

## Deed of the Day

Read the tafsir of some ayah of the Qur'an and reflect on the meaning.

FAJR

DHUHR

ASR

MAGHRIB

ISHA

TARAWEEH

*Whoever takes a path upon which to obtain knowledge, Allah makes the path to Paradise easy for him.*

**Tirmidhi**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

Verse

Surah

Juzz

Today, I am thankful for...

# 07 Ramadan

DATE

DID I FAST?

## Deed of the Day

Try to remain in a state of wudhu for the entire day – refreshing it immediately when needed.



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*“Truly, Allah loves those who turn to Him constantly and He loves those who keep themselves pure and clean.”*

**Surah Al-Baqarah 2 : 222**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 08 Ramadan

DATE

DID I FAST?

## Deed of the Day

Prepare for prayer early, focus on taking wudhu' properly and pray as if Allah is in front of you.

FAJR

DHUHR

ASR

MAGHRIB

ISHA

TARAWEEH

*The servant is closest to his Lord during prostration, so increase your supplications therein.*

**Muslim**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 09 Ramadan

DATE

DID I FAST?

## Deed of the Day

Send or buy food to someone who you are not particularly close to help break their fast.

FAJR

DHUHR

ASR

MAGHRIB

ISHA

TARAWEEH

*Every day two angels come down from Heaven and one of them says, 'O Allah! Compensate every person who spends in Your Cause,' and the other (angel) says, 'O Allah! Destroy every miser.'*

**Al Bukhari**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 10 Ramadan

DATE



## Deed of the Day

Avoid ill speech - verbally or through texts.

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*Whoever does not give up forged speech and evil actions, Allah is not in need of his leaving his food and drink (i.e. Allah will not accept his fasting.)*

**Al Bukhari**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

|                      |       |
|----------------------|-------|
| <input type="text"/> | Verse |
| <input type="text"/> | Surah |
| <input type="text"/> | Juzz  |

Today, I am thankful for...

Every good deed of Adam's son is for him except **fasting; it is for Me. And I shall reward (the fasting person) for it.** Verily, the smell of the mouth of a fasting person is better to Allah than the smell of musk.

PROPHET MUHAMMAD ﷺ



# Goals for the First 10 Days

*Take a moment to reflect on your achievements*

Did you complete your goals for the first 10 days?



YES



NO

Top three things I've accomplished in the first 10 days of Ramadan

How do I feel about my goals?

What have I learned?

What can I do to make my Ramadan better?

How close do I feel to my Lord?



VERY CLOSE



CLOSE



STILL TRYING



The **best of people**  
are those that **bring the**  
**most benefit** to the rest  
of **mankind**.


PROPHET MUHAMMAD ﷺ





# Goals for the Second 10 Days

*Make your second 10 days goals  
better than the first*



Goals for your second 10 days

How will you achieve these goals?

# 11 Ramadan

DATE

DID I FAST?

## Deed of the Day

Reflect on everything you are thankful for. Prostrate to Allah in Sajdat al-Shukr for your blessings.

FAJR

DHUHR

ASR

MAGHRIB

ISHA

TARAWEEH

*He has not thanked Allah who has not thanked people.*

**Prophet Muhammad** ﷺ

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

Verse

Surah

Juzz

Today, I am thankful for...

# 12 Ramadan

DATE



## Deed of the Day

Cancel out your mistakes: for every bad deed you commit, immediately follow it up with a good one.

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*If you do a bad deed, then follow it up with a good deed.*

Prophet Muhammad ﷺ

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

|                      |       |
|----------------------|-------|
| <input type="text"/> | Verse |
| <input type="text"/> | Surah |
| <input type="text"/> | Juzz  |

Today, I am thankful for...

# 13 Ramadan

DATE

DID I FAST?

## Deed of the Day

Waive the debt of someone who owes you money - ask Allah to forgive them and accept your deed.



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*Whoever gives relief to his debtor or waives his debt completely, then he will be in the shade of the Throne on the Day of Resurrection.*

**Prophet Muhammad** ﷺ

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 14 Ramadan

DATE

DID I FAST?



## Deed of the Day

Reflect on everything you are thankful for. Prostrate to Allah in Sajdat al-Shukr for your blessings.



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

*Allah (Alone) is Sufficient for us,  
and He is the Best Disposer of  
affairs (for us).*

**Surah Al-Imran 3:173**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

|                      |       |
|----------------------|-------|
| <input type="text"/> | Verse |
| <input type="text"/> | Surah |
| <input type="text"/> | Juzz  |

Today, I am thankful for...

# 15 Ramadan

DATE

DID I FAST?

## Deed of the Day

Help to provide food to those breaking their fast or in need, even if it is a glass of water.

FAJR

DHUHR

ASR

MAGHRIB

ISHA

TARAWEEH

*Every day two angels come down from Heaven and one of them says, 'O Allah! Compensate every person who spends in Your Cause,' and the other (angel) says, 'O Allah! Destroy every miser.'*

**Al Bukhari**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...



# 16 Ramadan

DATE

DID I FAST?

## Deed of the Day

Treat your family with gentleness and kindness. Help them with anything they need.



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*The best of you is the one who has the best character.*

Prophet Muhammad ﷺ

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 17 Ramadan

DATE

DID I FAST?

## Deed of the Day

Recite SubhanAllah 33x,  
Alhamdulillah 33x,  
Allahu Akbar 33x



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*Whoever recites a letter from the Book of Allah, he will receive one good deed as ten good deeds like it. I do not say that Alif Lam Meem is one letter, but rather Alif is a letter, Lam is a letter, and Meem is a letter.*

**Tirmidhi**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 18 Ramadan

DATE

DID I FAST?

## Deed of the Day

Donate, even a little, for the construction of a mosque, school or any charitable cause.

FAJR

DHUHR

ASR

MAGHRIB

ISHA

TARAWEEH

*If you loan Allah a goodly loan, He will multiply it for you and forgive you. And Allah is (most) Appreciative and Forebearing.*

**Surah At-Taghabun 64 : 17**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 19 Ramadan

DATE

DID I FAST?

## Deed of the Day

Purify your heart and make du'a for blessings and goodness for those you love and have hurt you.

FAJR

DHUHR

ASR

MAGHRIB

ISHA

TARAWEEH

*He who supplicates for his brother behind his back (in his absence), the Angel commissioned (for carrying supplication to his Lord) says: Ameen, and it is for you also.*

**Muslim**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

Verse

Surah

Juzz

Today, I am thankful for...

# 20 Ramadan

DATE

DID I FAST?

## Deed of the Day

Provide or prepare a drink/food for those who are fasting or anyone who is in need of food.

FAJR

DHUHR

ASR

MAGHRIB

ISHA

TARAWEEH

*There is no servant who fasts a day in the way of Allah except that Allah will distance his face from the Hellfire by a length of seventy years of travel.*

**Muslim**

Today's Goal

### Ramadan Deeds


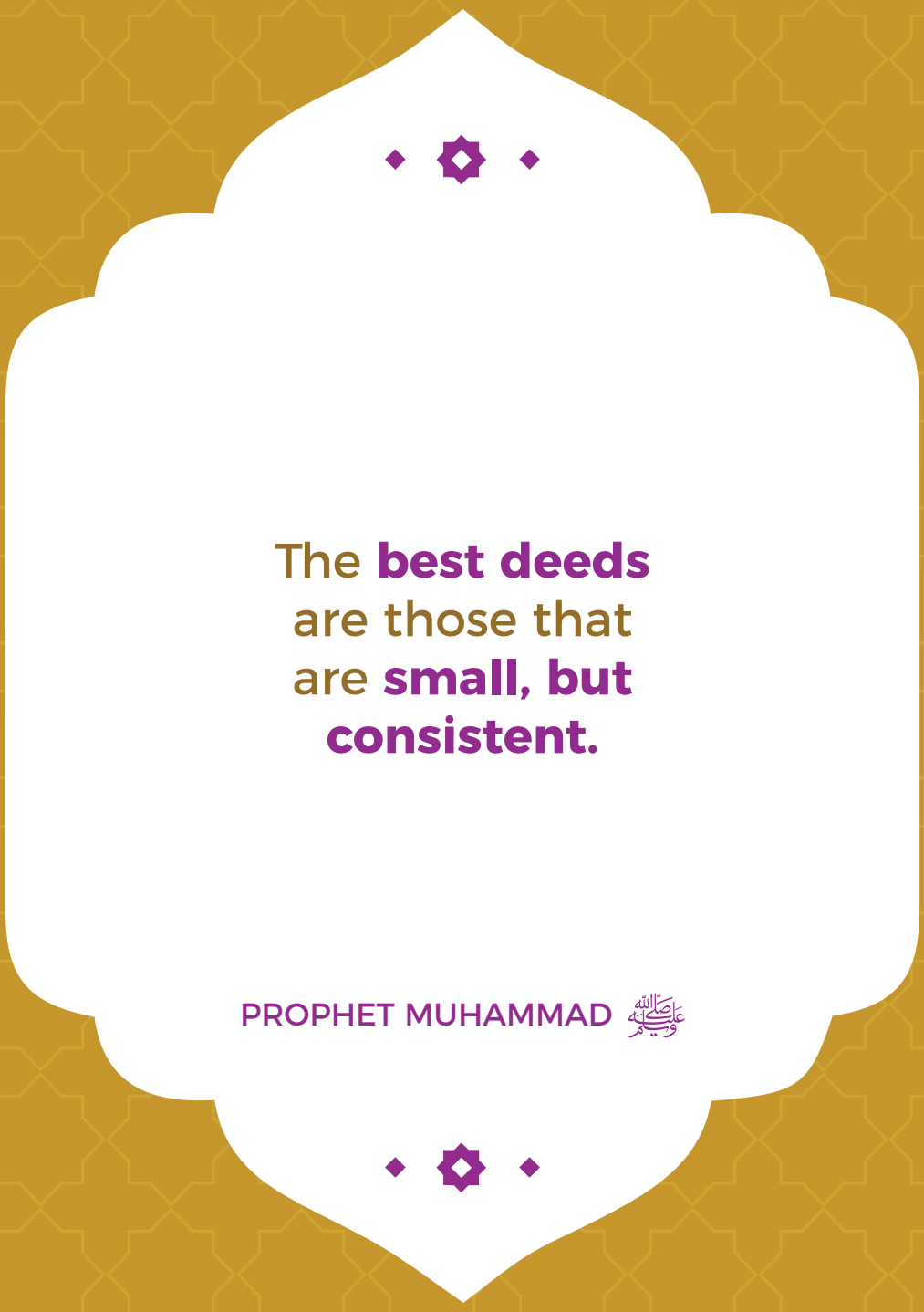
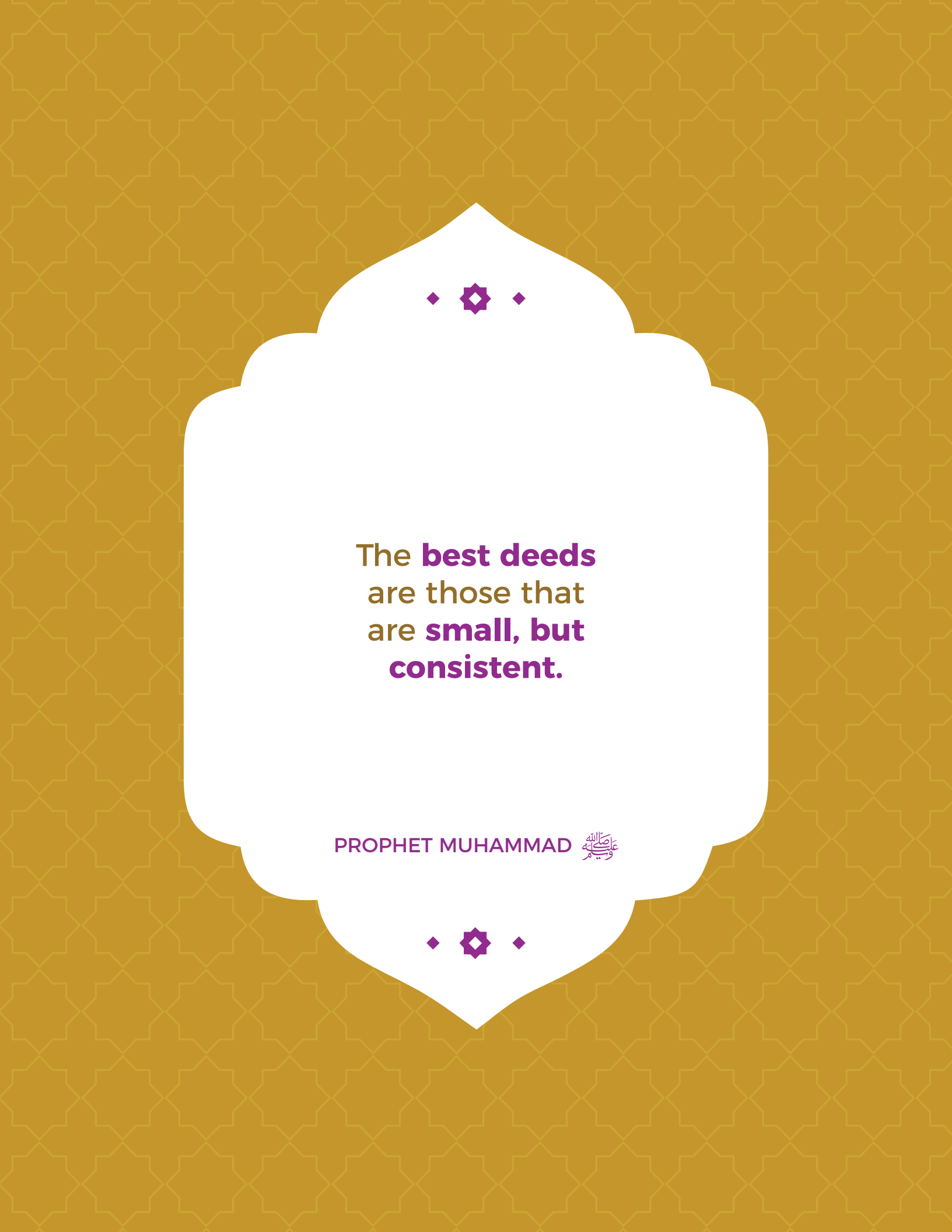
- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...



The **best deeds**  
are those that  
are **small, but**  
**consistent.**

PROPHET MUHAMMAD ﷺ



# Goals for the Second 10 Days

*Take a moment to reflect on your achievements*

Did you complete your goals for the second 10 days?



YES



NO

Top three things I've accomplished in the second 10 days of Ramadan

How do I feel about my goals?

What have I learned?

What can I do to make my  
Ramadan better?

How close do I feel to my Lord?



VERY CLOSE



CLOSE



STILL TRYING

There are **no days**  
on which righteous deeds  
are **more beloved to Allah**  
than **these ten days.**

PROPHET MUHAMMAD ﷺ





# Goals for the Last 10 Days

*Work harder to maximize these last  
and best 10 nights.*



Goals for your last 10 days

How will you achieve these goals?

# 21 Ramadan

DATE

DID I FAST?

## Deed of the Day

Invite your loved ones to join you for Qiyam, recitation of Al Qur'an, du'a and adhkar.

FAJR

DHUHR

ASR

MAGHRIB

ISHA

TARAWEEH

*When the last ten days of Ramadan began, the Prophet ﷺ used to stay up at night, tighten his waist-wrap, and wake up his family (to pray).*

**Sunan Ibn Majah**

### Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 22 Ramadan

DATE



## Deed of the Day

Recite Surah Al Mulk before you sleep.

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*There is a Surah in the Qur'an which contains thirty Ayat which kept interceding for a man until his sins are forgiven. This Surah is 'Blessed is He in Whose Hand is the dominion. (Surah Al-Mulk).*

**Abu Dawud**

### Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdullilah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

|                      |       |
|----------------------|-------|
| <input type="text"/> | Verse |
| <input type="text"/> | Surah |
| <input type="text"/> | Juzz  |

Today, I am thankful for...

# 23 Ramadan

DATE



## Deed of the Day

Make lots of dua in these last 10 nights. Read from your prepared dua list!

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*Call upon me and I will respond.*

**Surah Ghafir 40 : 60**

Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 24 Ramadan

DATE



## Deed of the Day

Recite 100 x

There is no god but Allah.

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

He whose last words are

لَا إِلَهَ إِلَّا اللَّهُ

will enter Paradise.

**Abu Dawood**

### Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

|                      |       |
|----------------------|-------|
| <input type="text"/> | Verse |
| <input type="text"/> | Surah |
| <input type="text"/> | Juzz  |

Today, I am thankful for...

# 25 Ramadan

DATE



## Deed of the Day

Seek forgiveness from Allah and make a list of bad habits that you would like to stop forever.

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*Whoever loves the meeting with Allah, Allah too, loves the meeting with him; and whoever hates the meeting with Allah, Allah too, hates the meeting with him.*

**Al Bukhari**

### Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

|                      |       |
|----------------------|-------|
| <input type="text"/> | Verse |
| <input type="text"/> | Surah |
| <input type="text"/> | Juzz  |

Today, I am thankful for...

# 26 Ramadan

DATE



## Deed of the Day

Visit your family. If this is not possible, give them a call or send them a message.

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*The person who severs the bond of kinship will not enter Jannah.*

**Al Bukhari**

### Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 27 Ramadan

DATE



## Deed of the Day

Seek forgiveness from Allah and make a list of bad habits that you would like to stop forever.

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*Whoever loves the meeting with Allah, Allah too, loves the meeting with him; and whoever hates the meeting with Allah, Allah too, hates the meeting with him.*

**Prophet Muhammad** ﷺ

### Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...



# 28 Ramadan

DATE



## Deed of the Day

Recite 100 x **سُبْحَانَ اللَّهِ وَبِحَمْدِهِ**  
Allah is free from imperfection,  
and all praise is due to Him.

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*He who recites in the morning and evening 100 times, will not be surpassed on the Day of Judgement by anyone with better deeds except the one who says the same words or more.*

**Muslim**

### Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

- Verse
- Surah
- Juzz

Today, I am thankful for...

# 29 Ramadan

DATE



**Deed  
of the  
Day**

Make sure you've donated your  
Zakat al Fitr!  
[www.idrf.ca/fitrah](http://www.idrf.ca/fitrah)

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*Whoever distributes Fitrah before Eid prayer, it will be accepted as Fitrah. Whoever distributes it after Eid prayer, his Fitrah will be similar to ordinary charity.*

**Ahmad, Ibn Majah**

**Today's Goal**

## Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

**Reflections & Gems of Quran**

## Quran Tracker

- Verse
- Surah
- Juzz

**Today, I am thankful for...**

# 30 Ramadan

DATE



## Deed of the Day

Eid Mubarak! Wear your best clothes, and be sure to enjoy this day with your family and friends.

DID I FAST?



FAJR



DHUHR



ASR



MAGHRIB



ISHA



TARAWEEH

*It was narrated that Jaabir (May Allah be pleased with him) said: The Prophet ﷺ had a cloak which he would wear on the two Eids and on Fridays.*

**Saheeh Ibn Khuzaymah**

### Today's Goal

### Ramadan Deeds

- Morning Adhkar
- Evening Adhkar
- Istighfar x 70 times
- Say Alhamdulillah
- Give Charity
- Deed of the Day
- Recite Qu'ran
- Adhkar before Sleep

### Reflections & Gems of Quran

### Quran Tracker

|                      |       |
|----------------------|-------|
| <input type="text"/> | Verse |
| <input type="text"/> | Surah |
| <input type="text"/> | Juzz  |

Today, I am thankful for...

**Eid Mubarak!**

تَقَبَّلَ اللهُ مِنَّا وَمِنْكُمْ

May Allah accept good  
deeds from you and us

AMEEN

# Post Ramadan Reflection

*Mabrook on completing the month of Ramadan! As we leave this blessed month, take a moment to reflect on your achievements.*

Did you complete all your goals?



YES



NO

Top three things I've accomplished in these Ramadan

How do I feel about my goals?

What have I learned?

What am I going to carry on after Ramadan?

How close do I feel to my Lord?



VERY CLOSE



CLOSE



STILL TRYING

# Sunnah of Eid

*Sunnah acts to do on the day of Eid.*



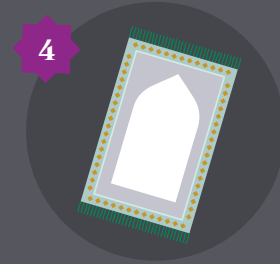
1 Perform ghusl on the day of 'Eid'



2 Wear your most beautiful clothes.



3 Have an odd number of dates before leaving for eid prayer,



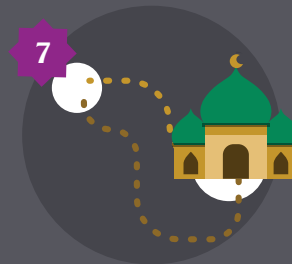
4 Go to Eid Prayer.  
*Women are encouraged even if she is not praying.*



5 Say the Takbeer from morning until the imam starts the eid prayer



6 Exchange supplication and good wishes with people



7 Take different routes to and back from the Eid Prayer.

Whosoever fasts in Ramadan and then follows it with fasting six days of Shawwal it is as if he fasts forever.

# Maintaining one spirit after Ramadan



The end of Ramadan is always bittersweet, like saying goodbye to a beloved friend you see meet once a year. You're grateful for the visit and hopeful for next time. Until then, you are left with the memories, the spirit of the month and those habits you were able to develop. How do we maintain a connection with Ramadan for the rest of the year?

By incorporating some of the routines and actions of Ramadan into our daily lives.

Make **dua, dhikr, recitation** a part of your daily routine no matter how small.



Start the habit of fasting at least a few times a month.

**Mondays and Thursdays** or the **13th, 14th and 15th of every Islamic month**, or just any day that you're able to.



Maintain the habit of giving in **charity**. Set aside a certain amount per month and either automate giving to one charity or rotate each month.



Start a habit of **gratitude** journaling to maintain that sentiment.



Put aside some time in your day to be alone with Allah, **reflect on His Names and Attributes**.



Just like you planned and scheduled your worship during Ramadan, **set up a less intensive plan** for the rest of the year.



Ramadan is like a training ground, the effects of our worship and efforts during this month should continue for the rest of the year. So when we meet Ramadan again, we can improve on the previous one and grow spiritually in this manner.

*Together we are,*  
**People Helping People.**



Human Dignity • Social Justice •  
Self-Reliance • Sustainability

**International Development  
Relief Foundation**

23 Lesmill Rd. Suite 300  
North York ON M3B 3P6  
+1 866-497-IDRF (4373)

Charitable Registration  
No: 132542705RR0001

[idrf.ca](http://idrf.ca)

[f@official.idrf](https://www.facebook.com/official.idrf)

[@idrfcanada](https://www.instagram.com/idrfcanada)