



Annual Report

At a Glance
2022

Message from our Board of Directors and CEO

As we approach the third year of the COVID-19 global health pandemic, the challenges continue to affect the most disadvantaged communities worldwide.

In addition to the after-effects of a global pandemic, the emerging climate crisis has triggered more natural disasters, from unprecedented floods in South Asia to intensifying droughts in the Horn of Africa. Political crises in Afghanistan, Yemen and elsewhere have led to unstable and unsustainable situations for millions in those countries. Refugees and displaced populations from all of these challenges continue to look for opportunity and security. Furthermore, inflation, unemployment, and soaring gas and food prices have increased the number in poverty, globally and locally, for families here in Canada.

Despite all of that, the generosity of our donors did not fade; it grew. Through your support, we successfully implemented 106 projects in 29 countries to provide access to clean water, quality education, health care, nutritious food, and economic development for 1,894,093 people.

As you can conclude from the results and details of the projects in this annual report, supporters like you have helped us deliver meaningful programming that has made a tremendous, positive impact on the lives of so many beneficiaries. A heartfelt thank-you from IDRF to all of our supporters for the critical role you play in our ability to deliver these programs. Together we are people helping people.

However, our work continues. With ongoing projects and emergencies worldwide, it becomes even more critical to continue supporting and building resilient and sustainable communities. We look forward to fulfilling our 'Brighter Future' mission, serving more people and amplifying our impact by providing sustainable and long-term solutions in each project we implement.

We are so honoured that you have chosen to support IDRF. We cannot do this vital work without your continued trust and support. Thank you.



Yasmeena Mohamed
CO-CHAIR



Reza Rizvi
CO-CHAIR



Mahmood Qasim
CEO

Thank you from our Board of Directors!

Muhammad Munshi, **Vice Chair**
Marzia Habib Hassan, **Vice Chair**
Mukhtar Rahemtulla, **Treasurer**
Nurhan Aycan, **General Secretary**
Zeib Jeeva, **Board Member**

Winston Kassem, **Board Member**
Muzna Ahmad, **Board Member**
Fatima Laher, **Board Member**
Jawaid Mirza, **Board Member**
Seema Rizvi, **Board Member**

Together, we're establishing sustainable solutions that empower people and create brighter futures for generations to come. We are **people helping people.**



Legend

- Economic Development
- Emergency
- Health
- Active Project
- Education
- Food
- Water
- Past Project
- FIJI

Our Impact



1,894,093

total people received support



29

active countries



769,201

people received food assistance through food parcels and vouchers.



294,876

people supported with emergency response



626,864

people received clean water, hygiene and sanitation services.



151,712

people received health care services



46,822

people received educational support



4,618

people received support to start businesses and receive training



A Five Year Strategy 2021 - 2026

At IDRF, our programs focus on addressing current challenges while investing in the future of people and communities. We incorporate these practices through our five-year strategy of “A Brighter Future”.

For each sector, our programming reflects the needs that arise during emergency responses, alongside the need to deliver long-term sustainable solutions. At IDRF, our programs actively address and work toward the UN’s Sustainable Development Goals so that we can create a brighter future for those who need it most.

Read More at idrf.ca/ABrighterFuture



The Future of Food Security

Sustainability is a multifaceted issue, in which food access and meeting basic nutritional needs is crucial. Achieving a healthy and sustainable food future is an urgent matter that depends on global collaboration. In the next five years, IDRF aims to achieve a sustainable and resilient food system through our communities by:

- Ensuring our food packages address the complex cultural and regional needs.
- Increase women’s active participation and leadership in the decision making process of local food access and security.
- Supporting farmers and local communities to adapt to climate change and build more resilient food systems.

Water for All

Water and sanitation flow through every aspect of sustainable development. We believe that access to this essential service is a human right. In the coming years, IDRF aims to improve water security for the most vulnerable communities. This will be done by implementing and altering affordable access to clean drinking water, by:

- Ensuring management structures that are gender-inclusive
- Creating multi-use water systems to provide for communities, healthcare facilities and agriculture.
- Continuing to build and rehabilitate water wells that will be supported and maintained by the local community.



Better Health, Brighter Futures

The global pandemic has significantly affected global health and health systems. Years of progress made in global health is now at risk of disappearing. In the next 5 years, IDRF aims to repair and strengthen access to healthcare by:

- Strengthening local health systems through capacity building, establishing remote clinics and providing medical equipment.
- Supporting midwifery programs and establishing women's health centres.
- Expanding access to diagnostic services.



Education is the Future

Education is vital in alleviating poverty, improving lives, and creating thriving communities. For our 5-year strategy, IDRF will work towards promoting learning and development for all, through:

- Providing education services for children and youth and aid in minimizing the psychological impact of disasters and emergencies.
- Removing and reducing the lack of accessibility to education for girls and children with special needs.
- Continue to provide food and financial assistance to students and their families.



Training for their Future

Equitable and sustainable economic recovery is key in building resilient communities. In the next 5 years, IDRF aims to ensure marginalized communities are not left behind in the global economic recovery efforts by:

- Develop and promote sustainable agriculture and livestock programs.
- Address gender disparity and gender pay gap in the workforce
- Promote small and medium-sized businesses and support informal sector workers

Emergency Responses

When natural disasters or conflicts arise, IDRF aims to be the first on the ground to provide immediate relief and aid.

For the last 38 years, we have responded to emergencies like: floods, droughts, earthquakes, political and economical crises, and more.

This year, **294,876** people were supported when they needed immediate interventions.



294,876

total people supported



40,120

people in Afghanistan supported



176,296

people supported in Palestine



18,697

people in the Horn of Africa supported

The Reason She Smiles

Ramla lost her husband and two of her sons who used to support her in terms of food and money. Before the support she received from IDRF, Ramla often found herself going to sleep hungry as she was not able to provide for herself.

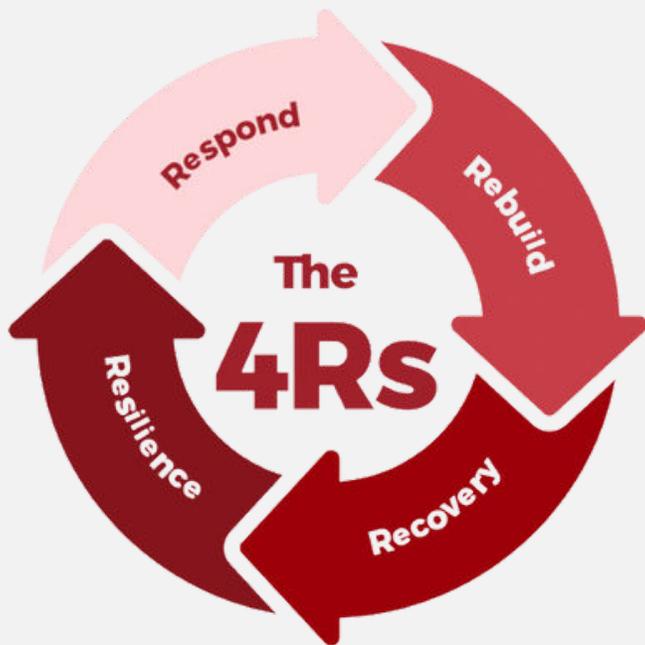


Today, I have a reason to smile because I have not been smiling for a while, as my life has been characterized by worry and stress because of too many problems in life.

Ramla Jamal
Deynille, Somalia

Emergency Response Distribution Process

Our emergency efforts focus on short-term interventions and long-term programming. We do this by prioritizing sustainability through our **Respond, Rebuild, Recover, Resilience** implementation process during an emergency response:



Respond

Our response efforts include providing essential items to help as a means for people to survive as soon as an emergency occurs. This includes emergency first aid, food, health care support, water, hygiene, and sanitation items.

Rebuild

Once immediate needs are taken care of, we focus on rebuilding the infrastructure of communities across the affected region. We do this by creating new infrastructures or rehabilitating what already exists. This includes shelter rehabilitation and access to clean drinkable water.

Recovery

With a focus on long term recovery, we then focus on building accessibility towards prosperous futures. This is done by providing access to; livelihood training, installing water, sanitation and hygiene infrastructures and providing educational assistance. We do this by supporting small businesses, reconstructing schools, and operationalizing educational activities.

Resilience

Ultimately, IDRF's goal is to ensure vulnerable communities are more resilient by providing programs that help communities become self-sufficient. This further helps them to avoid falling into more if a disaster were to occur again. IDRF does this by establishing Disaster Risk Reduction (DRR) programs within local communities.



The Future of Food Security

Access to food and nutrition is a basic human right. According to the World Food Program, a total of 50 million people in 45 countries are on the edge of famine.

This is the result of multiple factors like inflation, conflict, climate change, economic, and health crises. This year, **769,20 people** in 22 countries, received food assistance through IDRF's food security programs.



57,557

people in Somalia provided with food parcels



37,600

people in Sahel Africa provided with food parcels



23,069

Syrian and Uyghur refugees provided with food parcels

Water for All

In the last year, four billion people - almost two thirds of the world's population, experienced severe water scarcity.

The lack of accessibility to water disproportionately affects women and girls who are often responsible for traveling long distances to collect water. This year, we provided **626,864 people** with access to clean water and hygiene-related services.



23

shallow water wells have been built in Kenya



27

schools in Gaza now have access to clean water



21,777

people have been given access to clean water in Yemen



16,200

Palestinian children received clean drinking water

Better Health, Brighter Futures

We believe that all people deserve access to high-quality health care.

Whether someone contracts a disease, falls sick, or gets injured, their social and economic conditions should never act as a barrier to medical care.

This year, **151,712 people** received health care services through IDRF programs.



Education is the Future

We know that education is the key to removing barriers to success and opening the doors of opportunity.

Across the world, 72 million children do not attend primary school, and a staggering 759 million adults are illiterate.

This year, **46,822 people** received educational support through IDRF.



100

people in Yemen trained to become nurses



900

Syrian refugee families received food and hygiene packages



10,000

patients supported each month in Gaza



4,843

dialysis treatments funded in Guyana



13,800

students were supported with Educational and Trauma support in Gaza



105

teachers in Pakistan supported with specialized training



244

students received nutritious breakfast daily in Pakistan

Training for their Future

According to the UN approximately 255 million full-time jobs were lost during worldwide lockdowns.

While the global economy is slowly recovering, there are still large portions of vulnerable populations that have been forgotten and continue to be marginalized in the recovery, and in accessing economic opportunities.

This year, 4,618 people received training and support to start businesses and pursue economic opportunities.



87

farmers supported in Gaza



64

dunnams of land were rehabilitated



54

greenhouses were built

A Brighter Future at Home

Charity and relief starts at home.

We firmly believe that change cannot be implemented around the world until we empower the most vulnerable communities with a Brighter Future at home.

Our efforts in Canada focus on youth empowerment, women empowerment, gender inclusivity in the workforce, and economic development.

This year, 1,985 Canadians received training and tutoring support to pursue higher education and career opportunities.



21

women were trained to become Full Stack Developers.



240

students were trained in career readiness at Get Job Ready



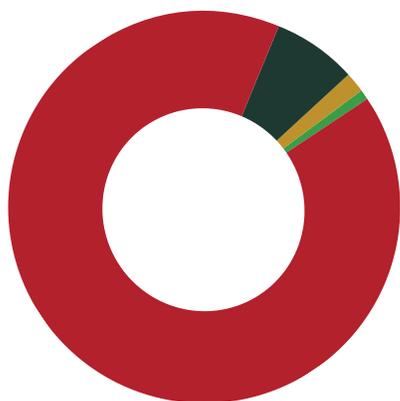
1720

students received peer tutoring assistance in L2L

Driven by our Mission. Inspired for the future.

It takes a team of dedicated collaborators, working toward a meaningful goal, to effect change. We are grateful for the ongoing generosity of our donors, and the support of gift-in-kind partners for their commitment to the world's most vulnerable.

Expenditures



90.2%

programs

7.8%

fundraising

1.6%

admin

0.4%

other

See full report:

idrf.ca/annualreport

Statement of Operations

REVENUE	2022	2021	2020
Donations and fundraising events	13,698,265	13,038,537	10,148,121
Donations in kind	3,251,501	1,441,207	1,098,345
Other income	-3,033	37,334	41,605
Total Revenue	16,946,733	14,517,078	11,288,071
EXPENSES - PROGRAM SERVICES			
International Projects	14,371,083	11,249,266	6,357,925
Food Security	5,081,795	5,029,023	2,347,860
Emergency Relief	3,563,684	3,449,924	1,785,669
Water, Sanitation & Hygiene (WASH)	2,803,161	216,919	600,390
Health	1,554,624	1,798,175	600,390
Education	842,504	585,920	587,073
Economic Development	525,315	169,305	300,811
Canadian Projects	2,109,392	976,147	3,268,811
Emergency Relief	979,491	295,955	375,362
Food Security	631,971	221,161	164,961
Education	484,965	335,661	465,169
Health	12,965	123,370	2,263,319
Educational Development	92,328	74,213	83,430
Total Expenses	16,572,803	12,299,626	9,710,166
SUPPORTING SERVICES			
Amortization	70,422	93,909	92,713
Fundraising	1,437,005	950,336	815,677
General and Administrative	296,577	235,195	262,237
Total Supporting Services	1,804,004	1,279,440	1,170,627
TOTAL	18,376,807	13,579,066	10,880,793
Excess of revenue over expenses	1,430,074	938,012	407,278

Together we are
People Helping People.



Human Dignity • Social Justice •
Self-Reliance • Sustainability

International Development

Relief Foundation

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