



# Annual Report

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2023 At a Glance





# Message from our Board of Directors & CEO

In a year marked by emergencies and disasters, sustainable development has proven to be more crucial than ever. Despite these challenges, our community came together in the face of adversity, renewing their commitment to make an impact, and we are grateful for your support this past year.

The devastating floods in Pakistan tested our resilience — but with your steadfast support, we made an incredible impact. While we are still in the process of rebuilding homes, your generosity has propelled us forward, and we are determined to continue until every family has a safe and secure place to live.

A powerful earthquake shook southern and central Turkiye, leaving communities in despair. However, the strength of the community and your support have enabled us to come together, providing emergency relief immediately after tragedy struck. In the aftermath, we were also able to create lasting solutions and support systems for those affected, ensuring a brighter and more secure future for displaced families.

## This year has been a testament to the power of resilience.

Despite the challenges, we have persevered, and with your help, we are looking towards a future filled with hope and promise. Your contributions have been instrumental in driving our mission forward, allowing us to make a tangible difference in the lives of those we serve.

In the face of these crises, your generosity has shone brightly. With your support, we have been able to achieve remarkable milestones. We have successfully implemented projects that have provided clean water, quality education, healthcare, nutritious food, and economic development opportunities to **2,096,413 people across 30 countries.**

## Your compassion has transformed lives and communities, and we are profoundly grateful for your dedication to our cause.

As we move forward, our commitment to building resilient and sustainable communities remains unwavering. The challenges persist, and our work continues. With your support, we are confident that we can overcome any obstacle and continue working towards a brighter future.

*Thank you for all that you do.*



*Yasmeena Mohamed*  
**Yasmeena Mohamed**  
Co-Chair



*Reza Rizvi*  
**Reza Rizvi**  
Co-Chair



*Mahmood Qasim*  
**Mahmood Qasim**  
CEO

# Thank you

**from our Board of Directors!**

Muhammad Munshi  
Vice Chair  
Marzia Habib-Hassan  
Vice Chair  
Nurhan Aycan  
General Secretary  
Zeib Jeeva  
Board Member  
Mukhtar Rehamtulla  
Board Member

Winston Kassem  
Board Member  
Muzna Ahmad  
Board Member  
Fatima Laher  
Board Member  
Jawaid Mirza  
Board Member  
Seema Rizvi  
Board Member

With your generous support, we were able to touch the **lives of 2,096,413** across **30 countries**.



**2,096,413**

total people received support

**30** active countries



**815,355**

people received food assistance through food parcels and vouchers



**162,495**

people supported with emergency response



**701,270**

people received clean water, hygiene and sanitation services



**356,264**

people received health care services



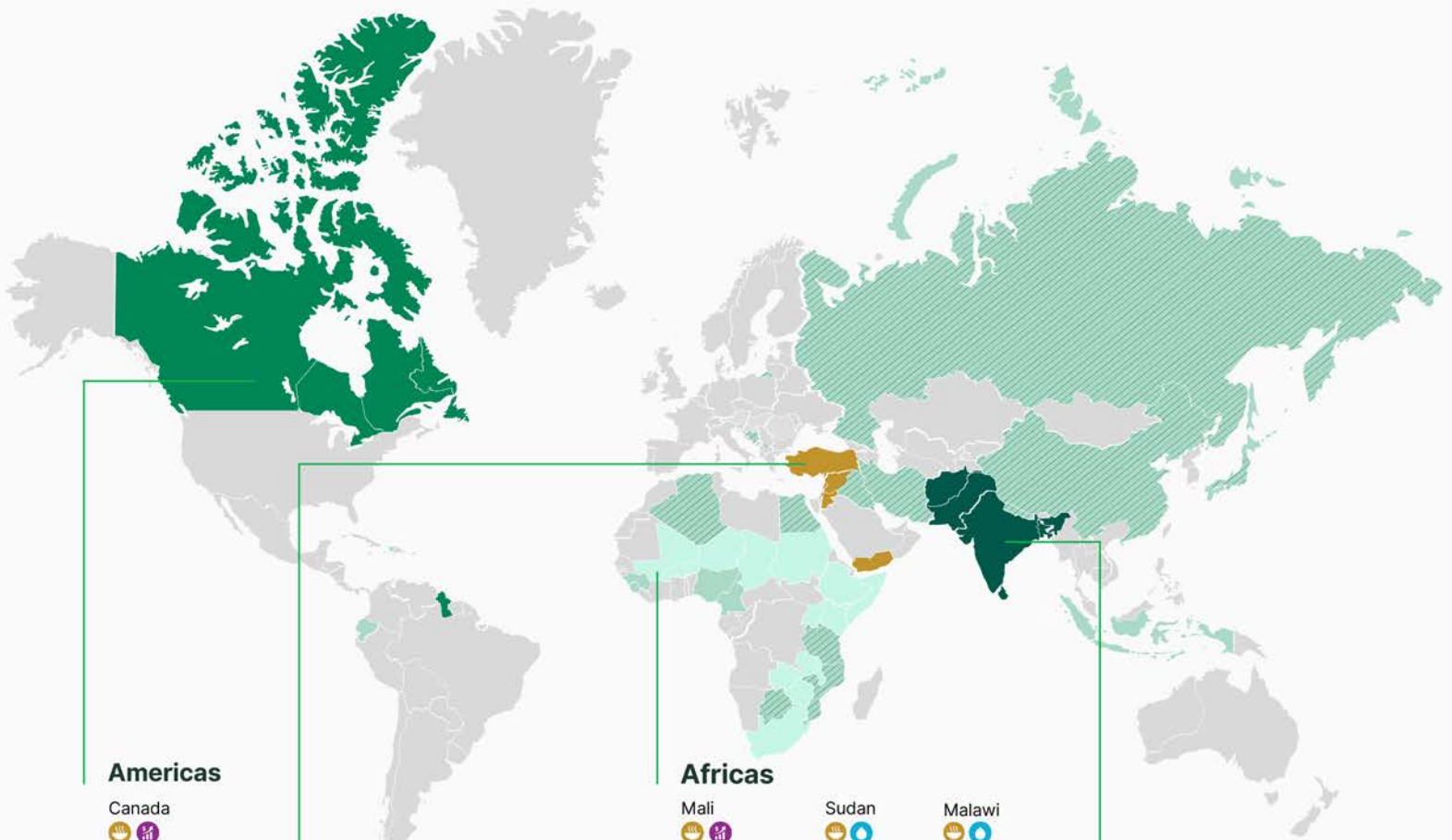
**52,962**

people received educational support



**8,067**

people received support to start businesses and receive training



**Americas**

- Canada
- Guyana

**Middle East**

- Turkiye
- Syria
- Lebanon
- Jordan
- Yemen
- Palestine

**Africas**

- Mali
- Burkina Faso
- Niger
- Chad
- Lesotho
- Sudan
- Kenya
- Zambia
- Zimbabwe

- Malawi
- Uganda
- Somalia
- Ethiopia

**Asia**

- Afghanistan
- India
- Pakistan
- Bangladesh
- Sri Lanka

**REGION**  
■ Americas ■ Middle East ■ Africas ■ Asia ■ Past Projects

**PROJECT**  
● Emergency Response ● Food & Nutrition ● WASH ● Health ● Education ● Economic Development



# A Brighter Future

2021 - 2026

## A Five Year Strategy

At IDRF, our programs focus on addressing current challenges while investing in the future of communities. We incorporate these practices through our five-year strategy of “**A Brighter Future**”.

Our priority is to actively address and work toward the UN’s Sustainable Development Goals, so that we can create a brighter future for those who need it most.

We achieve this by combining short-term interventions with long-term development, seeking to cultivate change that endures.

Our unique localization model allows us to collaborate with grassroots initiatives, providing the resources they need to execute innovative solutions.



## A BRIGHTER



### **The Future of Food Security**

Sustainability is a multifaceted issue, in which food access and meeting basic nutritional needs is crucial. Achieving a healthy and sustainable food future is an urgent matter that depends on global collaboration. In the next five years, IDRF aims to achieve a sustainable and resilient food system through our communities by:

- Ensuring our food packages address the complex cultural and regional needs.
- Increase women's active participation and leadership in the decision making process of local food access and security.
- Supporting farmers and local communities to adapt to climate change and build more resilient food systems.

### **Water for All**

Water and sanitation flow through every aspect of sustainable development. We believe that access to this essential service is a human right. In the coming years, IDRF aims to improve water security for the most vulnerable communities. This will be done by implementing and altering affordable access to clean drinking water, by:

- Ensuring management structures that are gender-inclusive
- Creating multi-use water systems to provide for communities, healthcare facilities and agriculture.
- Continuing to build and rehabilitate water wells that will be supported and maintained by the local community.

### **Better Health, Brighter Futures**

The global pandemic has significantly affected global health and health systems. Years of progress made in global health is now at risk of disappearing. In the next 5 years, IDRF aims to repair and strengthen access to healthcare by:

- Strengthening local health systems through capacity building, establishing remote clinics and providing medical equipment.
- Supporting midwifery programs and establishing women's health centres.
- Expanding access to diagnostic services.

### **Education is the Future**

Education is vital in alleviating poverty, improving lives, and creating thriving communities. For our 5-year strategy, IDRF will work towards promoting learning and development for all, through:

- Providing education services for children and youth and aid in minimizing the psychological impact of disasters and emergencies.
- Removing and reducing the lack of accessibility to education for girls and children with special needs.
- Continue to provide food and financial assistance to students and their families.

### **Training for Their Future**

Equitable and sustainable economic recovery is key in building resilient communities. In the next 5 years, IDRF aims to ensure marginalized communities are not left behind in the global economic recovery efforts by:

- Develop and promote sustainable agriculture and livestock programs.
- Address gender disparity and gender pay gap in the workforce
- Promote small and medium-sized businesses and support informal sector workers



# Emergency Responses

When disaster strikes, IDRF aims to be the first on the ground, providing immediate relief and aid.

For the last 39 years, we have responded to emergencies like floods, droughts, earthquakes, and economic crises.

Our efforts focus on short-term interventions and long-term rehabilitation. Our interventions include distributing essential items such as food packages, vouchers, hygiene kits, water filtration units, winter packs, medical aid and temporary shelter.

This year, **162,495 people were supported when they needed immediate interventions.**



## Our impact



# 162,495

people supported with emergency response



## 35,385

people supported in Pakistan



## 107,610

people supported in Turkiye



# Emergency Response Distribution Process

Our emergency efforts focus on short-term interventions and long-term programming. We do this by prioritizing sustainability through our Respond, Rebuild, Recover, Resilience implementation process during an emergency response.

## Respond

Our response efforts include providing essential items to help as a means for people to survive as soon as an emergency occurs. This includes emergency first aid, food, health care support, water, hygiene, and sanitation items.

## Rebuild

Once immediate needs are taken care of, we focus on rebuilding the infrastructure of communities across the affected region. We do this by creating new infrastructures or rehabilitating what already exists. This includes shelter rehabilitation and access to clean drinkable water.



## Recovery

With a focus on long term recovery, we then focus on building accessibility towards prosperous futures. This is done by providing access to; livelihood training, installing water, sanitation and hygiene infrastructures and providing educational assistance. We do this by supporting small businesses, reconstructing schools, and operationalizing educational activities.

## Resilience

Ultimately, IDRF's goal is to ensure vulnerable communities are more resilient by providing programs that help communities become self-sufficient. This further helps them to avoid falling into more if a disaster were to occur again. IDRF does this by establishing Disaster Risk Reduction (DRR) programs within local communities.



## A Mother's Lifeline

Fareeda, a mother of six, lost everything in the devastating floods that destroyed her village. With no source of income, she was struggling to feed her family.

Thanks to the monthly ration she receives from IDRF, she no longer worries where their next meal will come from.

**“** We suffered through many disasters, and the pandemic. Our family's troubles have been worsened by the floods. We were desperate for relief, and are grateful to IDRF for supporting us.

**Fareeda Bux**  
Sindh, Pakistan



Your 2023 Impact

# The Future of Food Security

Access to food and nutrition is a fundamental human right. According to the World Food Program, a total of 50 million people in 45 countries are on the edge of famine.

This is the result of multiple factors like inflation, conflict, climate change, economic, and health crises.

This year, **815,355 people in 22 countries, received food assistance** through IDRF's food security programs.



**52,200**

people in Turkey provided with hot meals



**20,450**

people in Sahel Africa provided with food parcels



**63,600**

people in Afghanistan provided with food parcels



## Water for All

In the last year, four billion people - almost two thirds of the world's population, experienced severe water scarcity.

The lack of accessibility to water disproportionately affects women and girls who are often responsible for traveling long distances to collect water.

This year, we provided **701,270 people with access to clean water and hygiene-related services.**



**23**

shallow water wells have built built in East Africa



**35**

schools in Gaza have access to clean water



**68,175**

people have been given access to clean water in Afghanistan



**86,400**

people in Somalia received clean drinking water





# Education is the Future

Eliminating barriers to education is the key to a brighter future.

Across the world, 72 million children do not attend primary school, and a staggering 759 million adults are illiterate. With the help of our education and vocational training programs, we hope to equip people with knowledge that will support them for a lifetime.

This year, **46,822 people received educational support** through IDRF.



**11,230**

students supported in India through quality education



**200**

students received monthly educational and school supplies aid in Guyana



**300**

students received daily nutritious breakfast in Pakistan

# Better Health, Brighter Futures

Everyone deserves access to high-quality health care.

Whether someone contracts a disease, falls sick, or gets injured, their social and economic conditions should never act as a barrier to medical care.

This year, **356,264 people received health care services** through IDRF programs.



**100**

people in Yemen trained to become nurses



**11,020**

families in Turkey received hygiene packages



**132,000**

patients supported in Pakistan



**14,508**

dialysis sessions provided to people across Guyana





Your 2023 Impact


# Training for Their Future


According to the UN approximately 255 million full-time jobs were lost during worldwide lockdowns.


While the global economy is slowly recovering, there are still large portions of vulnerable populations that have been forgotten and continue to be marginalized in the recovery, and in accessing economic opportunities.

This year, **8,067 people received training and support to start businesses and pursue economic opportunities.**



 **2,100** people received grain seeds, farming equipment, and training on crop management in Somalia

 **30** greenhouses were rehabilitated in Palestine

 **415** eligible farmers received agricultural loans in Ajloun, Jordan



# A Brighter Future at Home

Charity begins at home.

We strongly believe that the core of relief and development lies right here in Canada, within our local communities. Our efforts in Canada focus on youth empowerment, women empowerment, gender inclusivity in the workforce, and economic development.

This year, **1,985 Canadians received training and tutoring support to pursue higher education and career opportunities.**

 **45** women were trained in web and data science skills

 **5,250** students received peer tutoring assistance in L2L

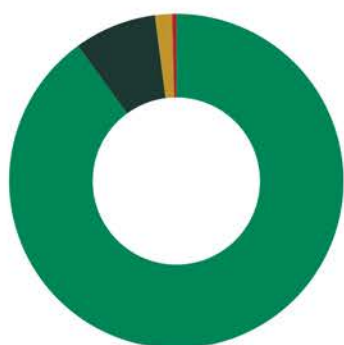
 **139** students were trained in career readiness at Get Job Ready



# Driven by our mission. Inspired by the future.

It takes a team of dedicated collaborators, working toward a meaningful goal, to effect change. We are grateful for the ongoing generosity of our donors, and the support of gift-in-kind partners for their commitment to a brighter future.

## Expenditures



- Programs **90.1%**
- Fundraising **8.4%**
- Admin **1.2%**
- Other **0.3%**



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a full report

## Statement of Operations

REVENUE	2023	2022	2021
Donations and fundraising events	20,212,864	13,698,265	13,038,537
Donations in kind	4,984,966	3,251,501	1,441,207
Other income	129,856	-3,033	37,334
<b>TOTAL REVENUE</b>	<b>25,327,686</b>	<b>16,946,733</b>	<b>14,571,078</b>
<b>EXPENSES - PROGRAM SERVICES</b>			
<b>International Projects:</b>	<b>20,565,345</b>	<b>14,371,083</b>	<b>11,249,266</b>
Food Security	5,479,879	5,081,795	5,029,023
Emergency Relief	7,589,189	3,563,684	3,449,924
Water, Sanitation & Hygiene (WASH)	2,614,167	2,803,161	216,919
Health	3,577,460	1,554,624	1,798,175
Education	1,014,069	842,504	585,920
Economic Development	290,581	525,315	169,305
<b>Canadian Projects:</b>	<b>2,138,550</b>	<b>2,109,392</b>	<b>976,147</b>
Emergency Relief	482,824	979,491	295,955
Food Security	541,060	631,971	221,161
Education	550,103	484,965	335,661
Health	564,563	12,265	123,370
<b>Educational Development</b>	<b>104,683</b>	<b>92,328</b>	<b>74,213</b>
<b>TOTAL EXPENSES</b>	<b>22,808,578</b>	<b>16,572,803</b>	<b>12,299,626</b>
<b>SUPPORTING SERVICES</b>			
Amortization	67,628	70,422	93,909
Fundraising	2,121,437	1,437,005	950,336
General and Administrative	314,049	296,577	235,195
<b>TOTAL SUPPORTING SERVICES</b>	<b>2,503,114</b>	<b>1,804,004</b>	<b>1,279,440</b>
<b>TOTAL</b>	<b>25,311,692</b>	<b>18,376,807</b>	<b>13,579,066</b>
<b>EXCESS OF REVENUE OVER EXPENSES</b>	<b>15,994</b>	<b>1,430,074</b>	<b>938,012</b>



*Together we are*  
**People Helping People.**



Human Dignity • Social Justice •  
Self-Reliance • Sustainability

**International Development**

**Relief Foundation**

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