

TWO YEARS OF RESILIENCE:

GAZA

Impact Report

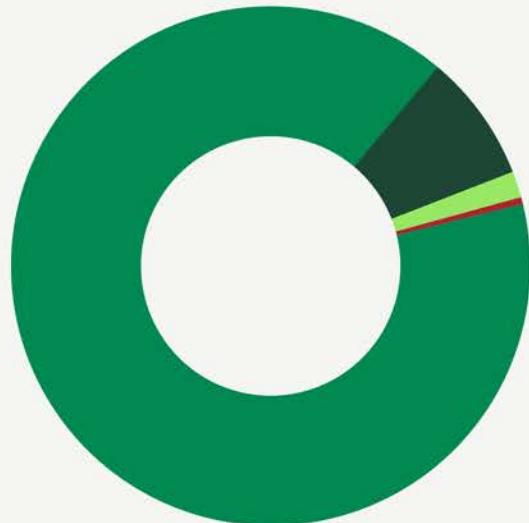


OUR MISSION

IDRF (International Development and Relief Foundation) is a registered charitable organization, founded and based in Canada.

IDRF is dedicated to empowering communities and relieving suffering worldwide. With decades of experience in humanitarian aid and sustainable development, IDRF collaborates closely with local partners to implement programs that meet urgent needs and foster long-term solutions. From emergency disaster relief to initiatives in education, healthcare, clean water, and economic empowerment, IDRF aims to make a tangible, lasting difference in vulnerable communities.

IDRF's programs respond quickly in crises and build resilient communities for the future. During emergencies, such as disasters or conflicts, we provide food, shelter, medical aid, and essential supplies. Our development programs also empower individuals through education, healthcare, access to clean water, and opportunities for livelihoods. By blending immediate help with sustainable solutions, IDRF ensures aid reaches those in need and helps communities thrive long-term.



With 40 years experience, we maintain a cost-effective operation, ensuring transparency and accountability in handling donor funds.

91% of your donations directly supports our programs.

Star Rating



Financial Transparency

GOOD

Demonstrated Impact



Results Reporting

90%

of your dollar to the cause

**Rated by Charityintelligence.ca*



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30 YEARS OF EXPERIENCE

in implementing humanitarian relief & sustainable development programs in Palestine.



1994

IDRDF begins work in Palestine. 

1994-2007

IDRDF responds to multiple disasters & urgent needs in the West Bank and Gaza.

2008-2020

IDRDF establishes its sustainable development profile in Gaza supporting operations in all sectors of Humanitarian Response.

2021

IDRDF launches largest ever response in Ramadan of 2021 providing Food, Water, medical support, clothing, livelihoods, school rehabilitation and shelter in Gaza and East Jerusalem.

2021-NOW

IDRDF hires a country staff in Palestine and IDRDF becomes a participating partner of the WASH, Health, food and Education clusters in Gaza.

& BEYOND

IDRDF continues to be a leader in the Gaza programming.



TWO YEARS OF RESILIENCE: STANDING WITH GAZA

This month marks two years since the devastation in Gaza began. In that time, more than 70,000 people have been killed, entire neighbourhoods reduced to rubble, and essential services deliberately dismantled.

Homes, schools, and hospitals have been wiped out, leaving families with little more than their faith and resilience.

International observers, including UN experts and humanitarian organizations, have recognized this campaign as not only a humanitarian catastrophe but also a genocide.

Yet, even under siege, the people of Gaza endure. And through your support, IDRF has stood by them.

Together, we've delivered clean water, food, medical aid, and psychosocial support to thousands of families. As we look ahead, we remain committed to sustaining this lifeline.

Over the past two years, your contributions have enabled us to provide:

Meals through emergency food parcels, keeping families nourished despite engineered famine and market collapse. Clean water deliveries provided children and families with safe drinking water at a time when 90% of Gaza's water supply was undrinkable. Medical supplies and emergency care clinics, reaching patients when hospitals were bombed and healthcare collapsed. Psychosocial support, offering care to children who have lost parents, siblings, and friends. Tents and hygiene items for displaced families, many of whom have been forced to flee multiple times due to repeated evacuation orders.

Right now, over 1.9 million people are displaced within Gaza, with more than 800,000 still in the north, surviving under extreme conditions. Roads like Rashid remain lifelines for our teams to deliver food and aid despite constant bombardments. Every truck that enters, every parcel delivered, is not just relief it is a declaration of solidarity, a reminder that the world has not abandoned Gaza.

EMERGENCY RESPONSE

IDRF has been one of the first on the ground since October 7, 2023.

Our teams, who have been working in Gaza for years, responded immediately. Since October 7, they have been working day and night to provide thousands of civilians with food aid, clean water, health care support, non-food items, and psychosocial support.



Each week, we distribute

1,250 PARCELS

which includes critical staples, like rice, canned meat and cheese, pasta, tea, sugar, and disposable utensils. Families receive two parcels per week.



Everyday, we distributes

500,000 LITRES

of clean drinking water is to families.



Each month, we host

8+ SESSIONS

of psychosocial support and educational activities for children.



Everyday, we distributes

OVER 5,000 HOT MEALS

consisting of rice, meat, lentils, and local staples to families in Gaza.



IDRF continues to provide

2,000 FAMILIES

with hygiene items, jerry cans and health care supplies across the Gaza Strip.



Provided fresh food in partnership with IDRF local farmers,

1,000 PARCELS

of fresh produce were given to families across the Gaza strip for several months



We have built

5 MEDICAL POINTS

to support families with immediate needs, such as medication and check-ups.

OUR WORK IN GAZA SINCE OCTOBER 7, 2023.

OCTOBER 2023

Israel imposes complete siege on Gaza blocking food, water, and fuel. IDRF responded immediately through humanitarian services

OCTOBER 2023 - APRIL 2024

IDRF leveraged its multiple local partners and local teams to provide food, tents, water, health care, hygiene items and psychosocial support (PSS) to people across the Gaza Strip

MAY 2024

Over 800,000 people were at risk in Rafah as the Rafah invasion began. IDRF provided humanitarian services to the families that fled Rafah and relocated critical programs to Khan Yunis.

JULY 2024

The United Nations and various humanitarian actors reported over 1 million people in need of food aid as they face starvation.

JANUARY 2025

A ceasefire was announced, briefly allowing aid trucks to enter Gaza through the Rafah crossing for the first time in months. Sadly, the pause was short-lived, marked by repeated violations that left hundreds of children killed and the suffering ongoing.

MARCH 2025

All aid into Gaza came to a halt, forcing many organizations to suspend food programs as supplies ran out. In response, IDRF expanded its water programming, reaching hundreds of thousands of people every week with clean, life-saving water.

AUGUST 2025

Famine was officially declared on 22 August 2025 by the Integrated Food Security Phase Classification

SEPTEMBER 2025

The UN Independent International Commission of Inquiry, operating under the Human Rights Council concluded that Israel is committing genocide in Gaza.

OCTOBER 2025

IDRF continues its humanitarian programs, supporting people across the Gaza Strip with food, water and health care support.

OUR OPERATIONAL POINTS ACROSS THE GAZA STRIP



Legend

	Food Assistance		Psychosocial Support
	Water Sanitation & Hygiene		Non Food Items (NFI)
	Health Support		

FOOD SECURITY

Food assistance has been a key pillar of our emergency response programs over the past two years.

Since the start of the crisis, delivering food assistance in Gaza has been a constant challenge as access restrictions and aid blockades have pushed the population into famine.

Despite these obstacles, IDRF has remained on the ground, ensuring families received life-saving support through fresh food parcels, food vouchers, hot meals, and non-perishable packages.

Over the past 17 months, IDRF's food security response on average has included:

- 2,500 non-perishable and fresh food parcels each week
- 5,000 hot meals prepared and distributed daily
- 500 food vouchers distributed monthly

Today, IDRF continues to scale its efforts, providing more than 1,000 food parcels per week, with plans to expand distributions further in the weeks ahead.





WASH

Water Sanitation & Hygiene

Only 1 in 10 Gazans currently have access to safe drinking water

Access to clean, safe drinking water in Gaza has collapsed. With over 95% of water supplies deemed unfit for human use, families are forced to survive on contaminated sources or trucked-in aid. What was once a necessity has become a daily battle for life.

Since the start of the crisis, IDRF has worked daily to ensure families have access to clean drinking water. Through our water desalination plant, safe water is produced and then trucked across the Gaza Strip to reach families, hospitals, and schools (many serving as shelters). In addition, IDRF has supplied fuel to water wells in northern Gaza, helping to restore water access in some of the hardest-hit areas.

- IDRF is now the fourth-largest water distributor in Gaza
- Delivering over 500,000 litres of clean water each day
- More than 300,000 people across Gaza City, northern Gaza, Rafah, Khan Yunis, and the Central Area are supported daily





MEDICAL CLINICS

In response to the healthcare crisis in Gaza, IDRF has established medical clinics to support families with essential care, emergency treatment, and ongoing health services.

Over the past year, IDRF has established medical clinics in Gaza using 7.5m x 9m medical tents, designed with wooden-framed doors, reinforced plastic sheets, locks for security, and fabric covers to reduce heat. Each site is equipped with large-capacity water tanks (3,000L and 500L) to ensure a reliable supply of clean water, alongside sanitation facilities with durable latrine units built from galvanized roofing sheets.

These clinics have been providing a wide range of primary healthcare services, including general medication, pharmacy access, physical checkups, pediatric care, and maternity support.

Every day, hundreds of patients receive treatment and referrals at no cost, ensuring that thousands of lives continue to be protected despite the ongoing crisis.



5
medical clinics



Hundreds of patients receive medical treatment and referral pathways free of cost everyday





SUPPORT FOR WOMEN AND CHILDREN

Our response in Gaza also includes targeted support for women and children, like baby kits, women's dignity kits, and psychosocial support for children.

For the past two years, IDRF has been working across the Gaza Strip to support thousands of children who have lost, or been separated from, their parents and families. New mothers, many without access to even the most basic support, have been among the most vulnerable.

Through our programs, we have provided immediate relief: hot meals, psychosocial care, clean water, hygiene kits, and medical services. Recognizing the specific needs of women and children, we have distributed dignity kits for women, baby kits containing food, diapers, and wipes, and menstrual hygiene products to restore dignity and meet urgent needs.

Our psychosocial program has been active since the very beginning of the crisis, offering eight sessions every month and reaching over 100,000 children to date. At the same time, we have created safe spaces for children, offering regular games and activities as well as classes in Math, Arabic, and Science. These programs ensure that even in the midst of a crisis, children continue to learn, grow, and hold on to the hope of a brighter future.





**Together, we are
People Helping People.**

**International Development
and Relief Foundation**

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